Beach Grove Elementary School
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In the Grove

The Newsletter of Beach Grove Elementary School

April 6, 2018

Events Calendar

April:
6- Walk to School
6- Half Marathon Begins
11- PAC mtg @ 6:30pm
13- Fun Lunch
20- Pro D Day (school not in session)
25/26- Student Conferences
28- PAC Adult Social - See below

May:
2 - Mini Track Meet
3- Trade and Career Fair Grade 7's at North Delta Rec Ctr.
9- Regional Track Meet @ DSS
10- Class photos
11- Fun Lunch
12- Spring Fair - 5pm
17- District Track Meet @DSS
18- Pro D day

Principals Message

Welcome back after our two week Spring Break. I hope that you and your family were able to step out of your busy lives for at least a short time and spend some quality time together reconnecting and enjoying some personal time together.

As I look at the calendar for this third and final term of the 17/18 school year I see that there are many exciting experiences that our students will have an opportunity to take part in. Our track season has just gotten underway with practices Mondays and Thursdays and several meets coming up in May. We began our half marathon event today with students in grade 2 and up taking part by running a kilometre a day with the goal of completing a half marathon of 21 km. Teachers also have exciting curriculum plans including field trips and other fantastic learning experiences.

We have begun our transition into the 2018/19 school year with kindergarten registration and grade 7 transition meetings. We are all looking forward to this next 3 months as we head into the nicer weather.

Once again as we move through the year please remember that my door is always open if you have a concern or would just like to chat please feel free to stop in.

BEACH GROVE ELEMENTARY ADULT SOCIAL - EVERYONE WELCOME - invite your friends and family

Tickets only available through Hot Lunch site
Purchase your tickets by April 6th to win an early bird prize ($100 value)

To volunteer or donate an item for the silent auction, please speak with a member of the PAC or email us at bge.pac@gmail.com

Track and Field

Track and Field is now in full swing for students in grade 4-7 beginning the first week back from Spring Break. As usual we expect to have a wonderful turnout for our practices. During the weeks in April students will be working through all the track events and then will be assigned to events for the upcoming Regional and District meets. If your child does wish to be involved in track please watch for the permission form which will come home in the first weeks of practices. Students will be able to participate in any event of their choosing at the Mini Meet but will be selected for events for the Regional Meet with the intent of all students participating successfully. **We do expect students to be at practices if they are planning to attend the track meets.**

Here are some dates to remember:
Practices: Monday/ Thursday - 7:50am
Mini Meet: Wednesday, May 2 - 3:30pm @ SDSS
Regional Meet - Wednesday, May 9 @ South Delta Secondary
District Meet - Thursday, May 17 @ South Delta Secondary

School Wide Wrestling as part of our PE Program

During the last two weeks prior to Spring Break one of our very dedicated parents visited our school to introduce all students to the sport of wrestling. As a former Middle School PE teacher and wrestling coach, Mark Semple, approached me earlier in the year with a desire to introduce students to a sport that he was passionate about. In addition, the SFU wrestling team made a donation to Mark of a set of (very large) wrestling mats. As a result and over two days and a series of agility games and movements our students had the opportunity to learn a little about the real sport of wrestling. The level of engagement on the part of the students was amazing. We are hoping that in the very near future we will be able to offer our students an after school program that will help any of those interested to continue to learn and develop the skills to become active in this sport. Sincere thanks to Mark for his efforts, interest and time. What a great role model for our students.

Beach Grove Half Marathon

Once again this year we are running our Beach Grove Half Marathon. Students in grades 2 - 7 will be out each Monday, Wednesday and Friday to run a kilometre on the dyke. Our runs will be held at 11:55 on those days and parents are very welcome to join us. Most students will be running as part of their DPA (Daily Physical Activity) but those students who would like to commemorate the event and receive a t-shirt and medal should register with shirt size and the cost will be $26. (This is just a small school fundraiser to support events at the school).

Hoop Shoot

Congratulations to our students who participated in the District Hoop Shoot Contest held just prior to Spring break. Congratulations to these students who took part in the event: **Grade 5** Girls:Hazel B, Annika W, Jessica W,
Grade 6 Girls: Sam A, Charlotte M, Megan B, **3rd Place overall.** Grade 7 Girls: Bella H, Katrina S, Emily F,
Grade 5 Boys: Emmett R, Sawyer T, Parker O, **1st place Overall**, Grade 6 Boys: Tanner R, Jonah S, Quinn B.
Well done to all our student participants.

Author Visit

Once every few years, we get a grant from the Barbara Jarvis Memorial Fund to purchase books and invite an author to come to the school and talk. On March 12 at 1:20 we invited Grayson Smith, a Delta police constable who has written two picture books—'There's a Norseman in the Classroom' and 'Flight of the Mite'. He presented two sessions in the library for about 45 minutes per session. Grayson presented his books to all classes grades K-5.

Reading Link Challenge

Prior to Spring break many students in grade 4 and 5 participated in the Reading Link Challenge. This event is sponsored by the Fraser Valley Library and involves students working in teams and reading up to six different novels over the term. The goal of the challenge was to read for details in order to answer challenging questions about each of the novels. The teams then competed against one another in our school challenge in order to determine which team of students would represent Beach Grove at the District Challenge being held on April 19th at South Park Elementary. Congratulations to all our students who participated in this exciting event. Special congratulations to the team of students who will represent our school at the district event. That team includes: Lucas D, Parker O, Anthony D, Leo P, Ethan K. Josh G.

Parenting Through the Teen Years: One Family's experience.

The PAC at South Delta Secondary School is offering to parents in the communities of Tsawwassen & Ladner the opportunity to get up close and personal with a teenager & a parent (who is a family counsellor) who have made it out the other side of adolescence in one piece!

April 26 - 7 pm - SDSS Library
There is no cost and the event will run about two hours. There will be plenty of opportunity for Q & A and to hear from other parents.

Beach Grove Elementary School Carnival

Friday, May 11th from 5pm - 8pm
BBQ, Games, Cake Walk, Bake Sale and more!
More info to come (and requests for volunteers!).

Please Save the Date!

Sincerely,
Rick Hall, Principal
and the staff at Beach Grove

Parenting Through the Teen Years: One Family's experience.

The Presentation:

The SDSS Pac would like to offer the parents in the communities of Tsawwassen and Ladner the opportunity to get up close and personal with a teenager and a parent who have made it out the other side of adolescence in one piece! What their experience was like and what they learned that might be helpful to others will be presented at:

SDSS library
April 26th at 7:00 pm.

The presentation is free, will run up to two hours long and there will be plenty of opportunity to ask questions and to hear from other parents.

The presentation is suitable for parents who have teens they are struggling with as well as for parents who are looking for preventative measures. Topics include drug and alcohol use in teenagers, anxiety and depression in teens, cell phone use, parties, sex as well as issues related to school (absences, etc.) with a focus on how to manage these.

The Presenters:

William Abraham is a 19 year old graduate from SDSS. Although never a problem for his parents prior to grade ten, Will became enamored with the Rap culture and smoked 'weed' on almost a daily basis for the four years. Will is now proudly clean and works as a fashion model and landscaper. He is enthusiastic about sharing his experience with parents of teens and pre-teens.

Johanna Abraham, Will's mom, has worked with teens and families for more that 30 years as a social worker and in her private counseling practice. All that experience however didn't quite prepare her for having a teenager of her own. Now that Will has settled and she and her husband are relieved and proud of him, they are kept on their toes raising their younger son, currently in grade 11 at SDSS.

Please RSVP to Johanna Abraham: johannaabraham@yahoo.ca
Drop-ins are welcome as well.